

# 2019 Summer Camp & Weekend Retreats



The Arc Mid-South has been “empowering individuals with intellectual and developmental disabilities to achieve their full potential” since 1950.

In 1969, The Arc began its first respite summer camp to give families a break from the daily caretaking of their loved ones.

Then, seeing an increased need for respite services, The Arc began offering monthly weekend retreats.

This freed up time for caregivers to pursue their own lives while giving individuals with disabilities the opportunity to interact with their peers and experience social, recreational, and educational activities geared to improve their motor skills.

The retreats have a 3:1 client-staff ratio and are designed for youths age 8 and up.

To register a family member or get more information, please call (901) 327-2473.

## Weekend Retreats

### February 8-10

Nelson Woods Retreat Center  
3932 W. Union Road  
Millington, TN

### March 1-3

The Grove  
849 Rocky Point Road  
Cordova, TN 38018

### April 12-14

Nelson Woods Retreat Center  
3932 W. Union Road  
Millington, TN

### May 10-12

The Grove  
849 Rocky Point Road  
Cordova, TN 38018

### June 14-16

Nelson Woods Retreat Center  
3932 W. Union Road  
Millington, TN

### August 23-25

Nelson Woods Retreat Center  
3932 W. Union Road  
Millington, TN

### September 13-15

Nelson Woods Retreat Center  
3932 W. Union Road  
Millington, TN

### October 11-13

Nelson Woods Retreat Center  
3932 W. Union Road  
Millington, TN

### November 15-17

Nelson Woods Retreat Center  
3932 W. Union Road  
Millington, TN

### December 13-15

The Grove  
849 Rocky Point Road  
Cordova, TN 38018

Dates and locations are subject to change.



### July 25-28

Nelson Woods Retreat Center  
3932 W. Union Road  
Millington, TN