



Achieve with us.

*For people with intellectual
and developmental disabilities*

L.E.T.S. Program

(Life, Education, Training, Skills)

The twelve-week program, developed exclusively by The Arc Mid-South, is designed to provide training, resources, and education to individuals with intellectual and developmental disabilities.

Enrolled students will receive training in:

- Money Management
- Benefits Planning
- Sex Education
- Nutrition
- Health and Wellness
- G.E.D. Test Preparation
- Job Readiness.



For more information, please contact:

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